

# CORONA VIRUS COVID-19

**Maisha e.V.**

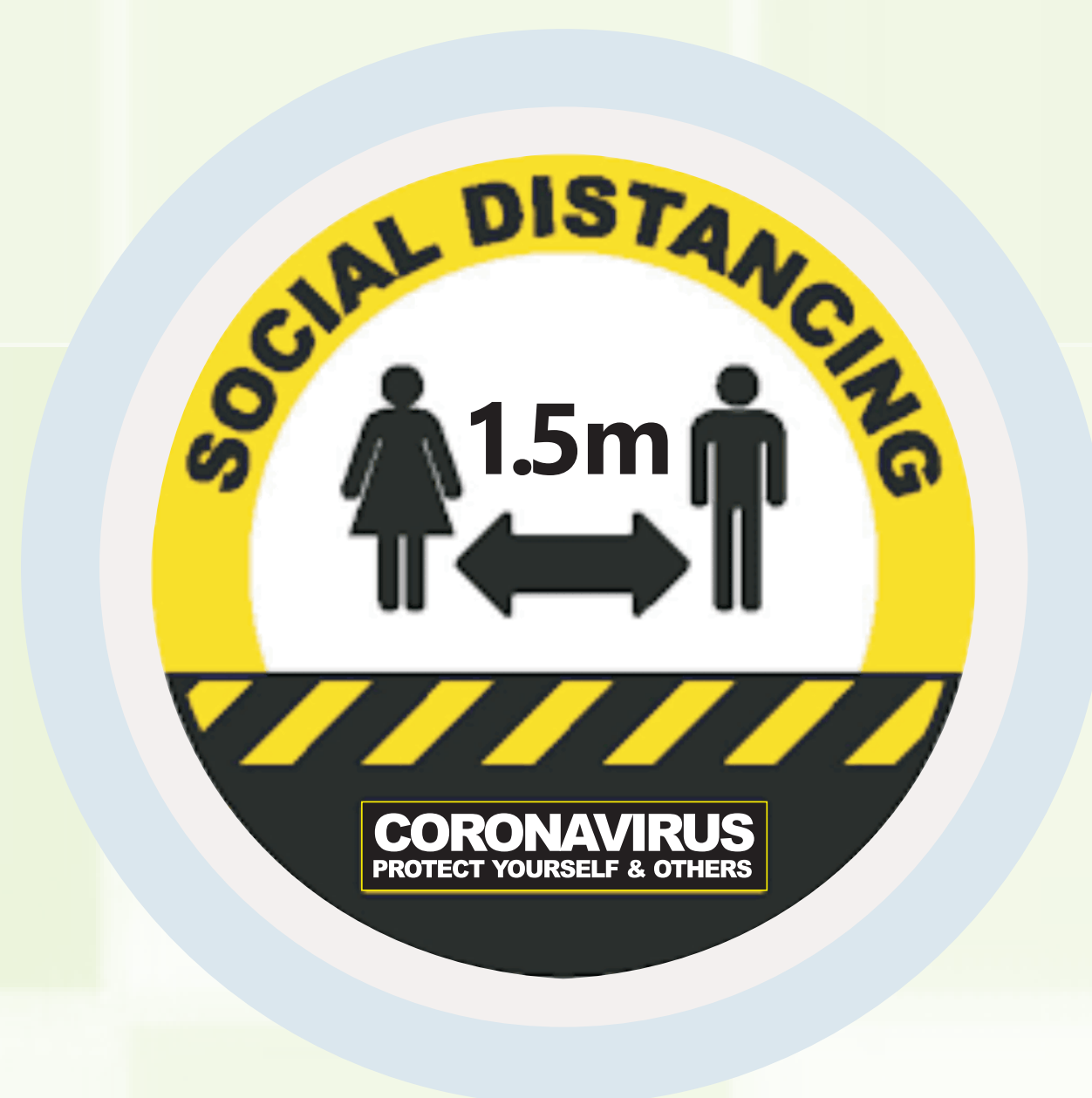
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## How to ensure Social distancing?

*Avoid large gatherings and maintain  
distance of 1.5 metres from others.*



**Avoid shaking  
hands and  
hugging.  
Greet from a  
distance**

**Avoid large  
gatherings.**



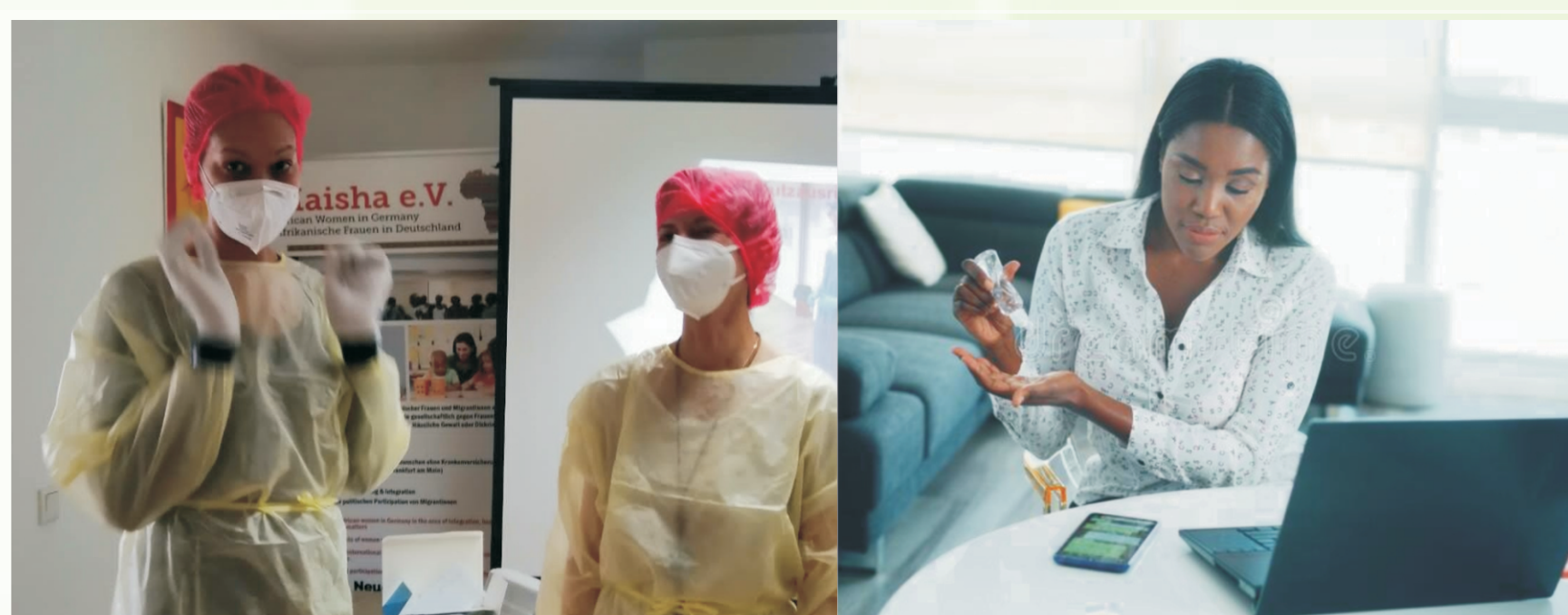
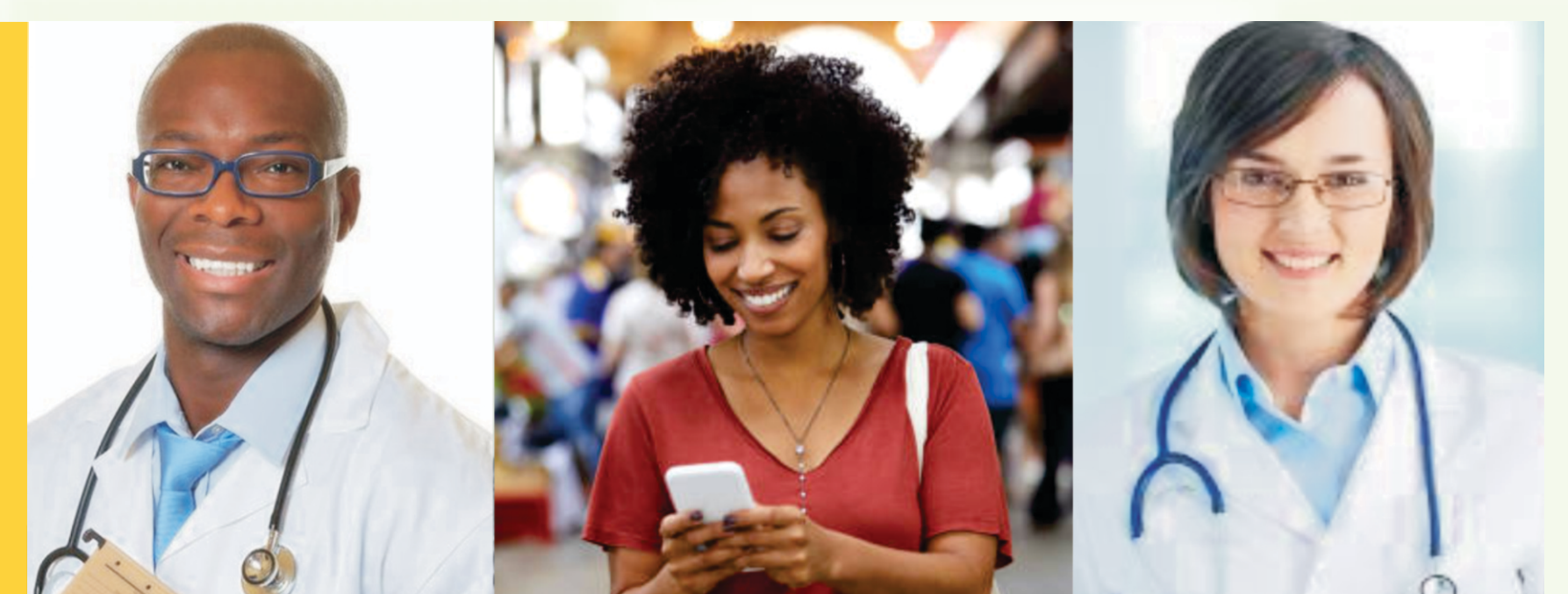
**Avoid  
unnecessary  
use of public  
transport,  
when possible**

**Avoid contact with  
someone who is  
showing respiratory  
symptoms like cough,  
runny nose, fever,  
difficulty in breathing  
and body aches.**



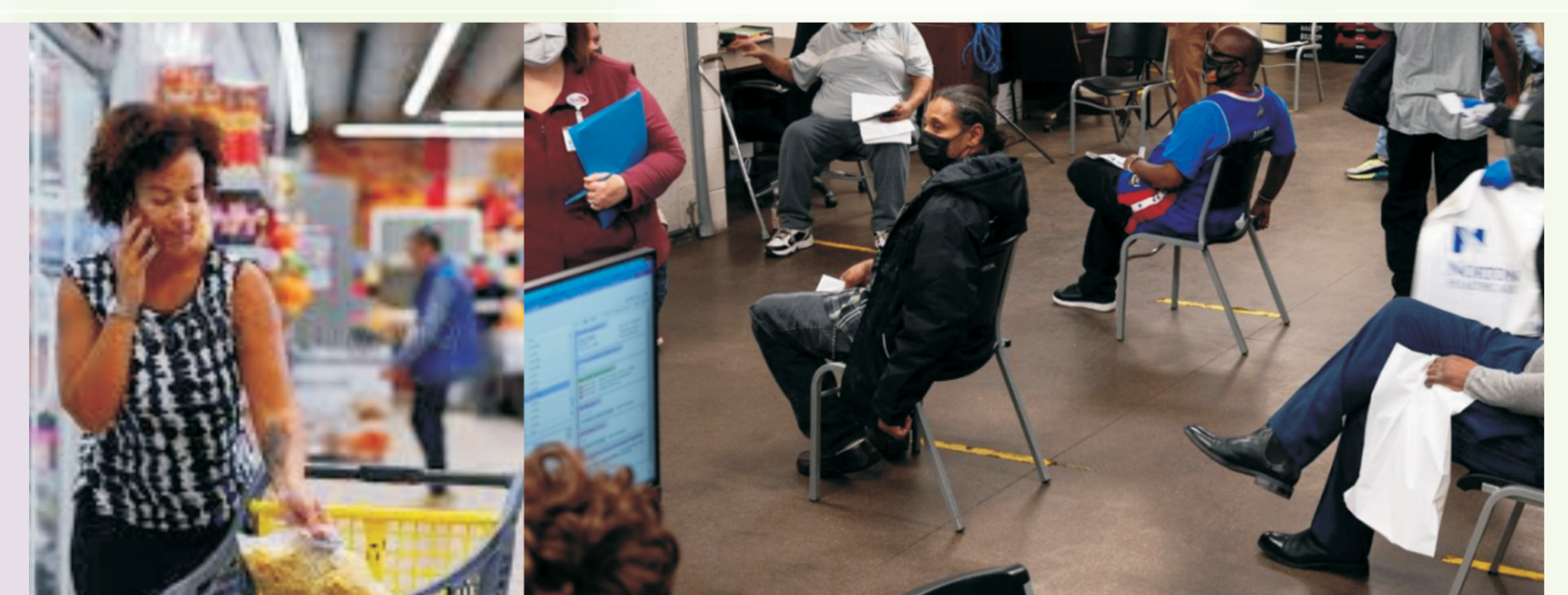
**Avoid gatherings  
with friends and  
family. Stay in  
touch through  
phones and  
social media.**

**Contact your  
medical doctor  
or call the help  
line for more  
information about  
COVID-19**



**If possible,  
work from  
home to protect  
yourself and  
your family**

**If you have to  
go to the grocery  
store/bank, keep  
a distance of  
1.5 metres from  
other people**



Supported by:



on the basis of a decision  
by the German Bundestag

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